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Library leveling up

HCPL evolving with the times.
See article on page 2.

Take Pride in understanding

Remember the substance behind Pride month.
See editorial on page 6.

Help pollinators

Join the Master Gardeners in contributing to the Butterflyway Project. See story on pages 7 and 8.

Area photographer Tammy Nash captured this scene of a family of Canadian geese move into the Gull River in Minden.

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HCPL evolving, growing to meet changing needs and demands

CHRIS STEPHENSON
Library CEO/Chief Librarian

HALIBURTON COUNTY PUBLIC LIBRARY

One of the questions we love to hear at the library is, What's new here? Public libraries constantly evolve to better serve the unique needs of every community. Libraries change based on patron feedback, trends and ideas happening elsewhere, and by our staff creating new programs, technology, and partnerships across the county.

And occasionally, a complete rethinking or refresh happens. As we emerge from a challenging pandemic period, what better time than now to launch a fresh look for the library? This winter we worked on rebranding the library to keep in step with other modernizing initiatives you may have noticed in our branches. We're really pleased to present a sneak peek of our new logo.

The new Haliburton County Public Library (HCPL) logo incorporates the natural elements of our area. The blue and green representing lakes and trees, the warm red as a sunset, and the gentle curves bringing to mind the topography of the Highlands. But of course, you may also see a person reading an open book with curved pages. We hope what translates well in our updated branding is a sense of new energy.

In addition to the launch of a new logo this season, we're thrilled to tell you that we've been building a new library website. It will work well on any device you may use to access it. The site also integrates our new search platform, BiblioCommons, so that finding a book, movie, or learning resource should be easier than ever. One of my favourite features of the new website are the 'book rivers.' You can browse new titles online by scrolling left and right, just as you might on Netflix, to find and select your next read. If you click on any book cover you're interested in it will take you to information about this title, including the current status (how many copies we have, if the book is on order, or if you can access an eBook copy.)

One of the concerns I often hear from patrons and visitors is that they're nervous about their library's shift to digital resources. I can assure you that traditional library programs and services are here to stay. After all, we're a country of trees, and the tactile enjoyment of reading physical books and other paper resources is important to so many of us. The experience of browsing the shelves and serendipitously finding a great new book is an enduring pleasure at the library.

Still, the digital copies of books, magazines, and movies that HCPL provides access to significantly expand the size of our collection without requiring more shelf space. We presently have more than 80,000 digital book copies and nearly 4,000 digital magazines!

And, like the accessibility features built into our soon-to-launch website, resources such as digital magazines, audiobooks, and eBooks allow our patrons easier access to the content of their choice. Whether you use a screen reader, enlarge the font of the text in an eBook, or turn up the volume of your audiobook, electronic resources are designed to improve your access.

If you have questions about our digital collection, accessibility, or you need help configuring your eBook reader or tablet, your library staff can often help you solve issues over the phone and in person.

As society evolves in new ways, the library will too. So, I welcome you to join the HCPL if you're not already a member and check out what's new at the library. The Summer Reading Club will be starting soon, and there are new programs happening all the time. See you at the library this summer.

Haliburton Highlands Land Trust receives grant

The Haliburton Highlands Land Trust is excited to announce their success in receiving a Species at Risk Stewardship Program (SARP) grant of $28,715.00 from the Ontario Ministry of Environment, Conservation and Parks (MECP).

The grant will be used to further the knowledge of Species at Risk on Land Trust properties and other lands of high conservation value in the county. Priorities will be on a rare wetland plant and two of Ontario's "lost" native ladybugs, the nine-spotted and transverse lady beetles.

"We will engage targeted audiences and the general public through media campaigns, presentations and citizen science initiatives to survey and submit observations in targeted areas within Haliburton County. Also, increase awareness and promote stewardship of these species at risk" says HHLT chair Shelley Hunt.

The two 'lost' lady beetle species were common and abundant in Ontario in the past, but have not been seen for decades. Targeted areas within Land Trust properties and high conservation value lands will be surveyed over the coming summer, to gain a greater understanding of the distribution within Ontario of these rare species.

Watch throughout the coming weeks for more information and how you, as citizen scientists can help the Land Trust in this research project. Visit our website www.haliburtonlandtrust.ca for more details and resources. Funding for this project was provided by the provincial government.

Submitted by the Haliburton Highlands Land Trust

County Life
The following inserts are being distributed with County Life this week:

Foodland *
Home Hardware *
Minden Valumart *
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Shoppers Drug Mart Haliburton *
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All inserts are to selected distribution areas.
For information on how your flyer can be inserted each week in County Life please contact Melissa Armstrong at **613-332-2002** or **melissa@haliburtonpress.com**

June is the month for high beams

JANET TRULL

Special to County Life

There are two kinds of people in the world, a colleague once told me. People who drive with their high beams on, and people who go through life with their low beams on. And what exactly did he mean by that? He explained that "High Beam" people see the big picture. They are visionaries, looking ahead, far down the highway to optimistic outcomes. "Low Beam" people are the ones pointing out the bumps in the road. The troublesome details. The many small, frustrating tasks that stand in the way of achieving the high-minded goals of the high beamers.

I'm retired now, but I recognize the need for both high and low beams. Like a good driver, we need to see the details as well as the destination. I was thinking of this analogy last week as I entered the "Gardening Mania" cycle of the year. Springtime is regenerative. I emerge from hibernation with a new zeal for life. I am filled with wonder at the miracle of rebirth. Leaves are incredible! Baby birds are hatching beneath my deck. Ferns are unfurling at the bush line. Fish eggs are clinging to ropes at the end of the dock. Hostas are doubling in size every day.

My high beams take it all in.

But miracles often have that "too good to be true" factor. The grass is on hormones. It coincides with the belt on the riding lawnmower blowing apart. Then the dandelions arrive like "Freedom Convoys" in Ottawa, setting down deep roots with the intention of staying for a long, long time. Skunks are ripping up the lawn looking for grubs. Moles are trashing the side lot.

June is the month when the author, Janet Trull is overcome with the need to buy flowers and plant them. /Submitted by Janet Trull

Spring is the season of much work. I buy big bags of dirt and mulch. Carry them to the garden. Split open the bags and shovel and rake and transplant. Then I drive to the garden centre. I swear they pump in oxygen (like at the casino) that affects rational thinking. Look at all the pretty flowers! It seems that the winter months are just long enough to erase every memory about last year's gardening failures.

This year I will obey the Zone 4 rules. I will water the plants daily. I will weed regularly. I will fertilize. I will so!

Soon, I am overwhelmed by all the work. I am looking down, scrutinizing the bare patches and the leaves on the hydrangea that are being stripped by greedy worms and caterpillars. I am learning from the plant-identifying app on my phone that noxious weeds are invading. My muscles are sore. I am weary.

Then, I remember something. I remember to switch on my high beams. Up and away from the hateful creeping C harlie and crabgrass and pigweed. Look up! The trees! The sky! Look out and beyond the gardens to the lake. I squint my eyes (also a helpful strategy when looking in the mirror). The textures and colours of my property are inspiring! I remember what I have learned by watching three seasons of *Alone*. Plantain and dandelions are good eating. Rich in vitamins and minerals. I could live for months on them in the event of a worldwide disaster.

So there you go. High beams are the clear winners in springtime. Look beyond the critter damage and the garden's imperfections. Low beams are okay once in a while, but not if you want to enjoy the miracles of June.

Nothing like a beautiful mug!

LAURIE JONES
Rails End Gallery Curator

This May my sister, Heather, came to stay while attending Marta Scythes beginner drawing class at the Haliburton School of Art + Design (HSAD). It was delightful to have another early morning conversationalist in the house and we covered everything from family gossip to party politics. I consider myself to be fairly undisciplined and free flowing, but one consistent habit I do have is to enjoy my cup of coffee, in bed, thinking, listening to the birds, or listening to an audiobook, or be with my own thoughts. Still, getting up early with my darling sister filled my heart with love.

On our first morning together we awoke at dawn with the birds. Let me tell you about that first coffee: Our Mother exacted perfection in the matter of coffee preparation and there were countless times when I failed to meet the "perfect cup" bar standard as a result of inaccurate measurement, or carelessness. No surprise then, when Heather asked, "Do you have a routine around making coffee?"

I replied, "I don't think so …"

We chuckled at my enduring failure at domesticity. Heather and I compared our process: My locally roasted beans were oily, black nuggets, (Rebel Elixir), and just covered the grinder blades, she ground them for exactly 12 seconds then tipped the aromatic java into a ceramic dish (also locally made). Together, we reviewed my assorted cutlery collection, and picked the only one I still have from the set we girls washed and dried after many family suppers (classic Swedish stainless Gense). Exactly five heaping tablespoons went into the coffee thermos. "Yikes," exclaimed my sister. "Don't you warm the thermos?"

"Well, I rinsed it out from the kettle, so no."

Good to the last drop. The author's mugs, from left, made by Renee Woltz, and by Kristina Albright. Submitted by Laurie Jones

"OK, but I always warm mine first."

"I do like a warmed cup …"

"I always wake the ground beans up with a bit of hot water and let them sit 30 seconds … don't you?"

There were so many similarities that we could not help, but laugh out loud at ourselves.

The wait over and coffee ready to pour, Heather asked, "Do you have a favourite cup?"

Today it's this one," I replied, grabbing one from the dish-drying rack. "This, made by Christina Albright, is my hands down mug of choice." Heather smiled sweetly, as only a younger sister can as she delivered a gentle jibe, "So, you don't have any rituals around the preparation of coffee? I'm kind of surprised actually surprised that you do all these things."

"Well, little sister, mornings are an important part of my day and I like to start them well. Now on another day I might go for a different mug, say a Suzanne James ... a full bowled mug that's very nice in my hand, deep blue from her "Galaxy" series. Some mornings I can't handle an Albright, too fine and light with its exquisite sage lip and straight sides. Then there's Renee Woltz's earthy little one with the leaves, ideal for a strong coffee. My beautiful Lisa Barry, almost a mustard colour, is very nice for coffee, or tea, in the garden. My April Gates, alas, sits in pieces now on a shelf. I can't bear to throw it out, nor am I ready to replace it, so much I adored that mug …"

"Oh, brother, Laurie! I can see you are a person of many tastes," interrupted Heather.

We continued to chat in this way about objects, art, craftsmanship and the sheer pleasure of being in one another's company until it was time to head off, she to school and me to work at the Rails End Gallery and Arts Centre.

I have been paying more attention to ritual, the way it can settle the mind and help focus my attention. I have indeed attached quite a bit of meaning to these beautiful objects called mugs. Do you have a favourite mug too?

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Prevention and early detection of ticks reduces Lyme disease

The Haliburton, Kawartha, Pine Ridge district health unit is reminding the community to watch for blacklegged (or deer) ticks that may carry the bacteria that causes Lyme disease. An individual can contract Lyme disease if bitten by an infected blacklegged tick, so prevention and early detection of tick bites are essential.

With the return of the nicer weather, blacklegged ticks are active again, and more prevalent in some parts of the HKPR District Health Unit region. According to Public Health Ontario's 2022 Lyme Disease Risk Map, all of Northumberland County and the southern part of the City of Kawartha Lakes are now considered high-risk areas for Lyme disease due to the known presence of blacklegged tick populations.

"Wooded and natural areas are ideal places for blacklegged ticks to live, as they like to settle on tall grasses, branches and bushes, and then attach themselves to passing persons and animals," says Richard Ovcharovich, manager of Health Protection with the HKPR district health unit. "Once attached, a tick will feed on the host's blood. The longer a blacklegged tick feeds, the more it becomes engorged and the greater the risk it can spread Lyme disease to a person if the tick is infected with the bacteria that causes Lyme disease."

Lyme disease is a serious illness that, when left untreated, can lead to recurring arthritis, neurological problems, numbness, or paralysis. Lyme disease can be successfully remedied with antibiotics, and the earlier this treatment starts, the greater the chance of a successful recovery.

"Prevention and early detection should be our priorities when it comes to ticks and avoiding Lyme disease," Ovcharovich notes.

How to avoid blacklegged ticks

To avoid blacklegged ticks, the HKPR district health unit suggests you do the following:

- Apply bug spray containing DEET on your skin and clothing.
- Wear closed-toe shoes, long-sleeved shirts and pants.
- Pull socks over your pant legs if possible.
- Stay on marked trails when walking in a nature area.
- To keep ticks away from your property, cut grass short and trim bushes and branches to let in sunlight.

More prevention tips and resources are available on the HKPR district health unit website (hkpr.on.ca).

How to remove a tick and when to seek medical advice

If you notice a tick on your body, remove it as soon as possible. There are many tick removal products available, so be sure to follow manufacturer's directions. If using finely tipped tweezers, grasp the head of the tick as close to the skin as possible. Pull it slowly, straight out. Immediately after, wash the bite area with soap and water, or alcohol-based sanitizer.

Residents are encouraged to seek medical attention if a blacklegged tick has been attached for more than 24 hours or is engorged (meaning it has been feeding for some time). You should also see a doctor if you experience symptoms of Lyme disease, such as skin rash, fever, chills, headache, stiff neck, and muscle/joint pain. Signs and symptoms of Lyme disease can vary from person to person after being bitten by a tick.

Testing for Lyme disease

While the HKPR district health unit no longer accepts blacklegged ticks for testing, residents are encouraged to use the free eTick website to identify if a tick is the type that could spread Lyme disease. To use the eTick site:

Submit a photo of the tick.

You will then be notified within 48 hours if the tick is the type that may spread Lyme disease.

You can then determine what additional care you need, including whether to see a health care provider.

For individuals who want to have a tick tested for the presence of Lyme disease, there are several private labs that can test the tick on a fee-for-service basis.

"It's time to prevent Lyme [disease] by avoiding blacklegged ticks that can spread illness," Ovcharovich says. "Doing so is a recipe for fabulous outdoor activities, trips and discoveries this summer."

Submitted

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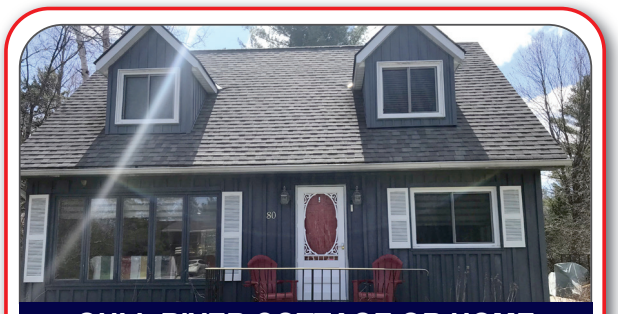
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Happy Pride month

Pride is formally celebrated at varying times around the calendar year (our own Minden Pride is held August 22 to 28 this year), but Pride originated in June to pay homage to the Stonewall Riots in New York City on June 28, 1969.

During that time in history, people, who police perceived as men could be legally arrested for dressing in drag, and, if people, perceived as women, were caught wearing less than three pieces of "feminine clothing," they could also be facing charges. These regulations were put into place, and often police would raid bars to uphold these "laws."

EMILY STONEHOUSE
Special to County Life

Yet on the evening of June 28, during one of these raids at the Stonewall Inn, a riot began. Led by trans women and femmes of color, the Stonewall Riots paved the way for LGBTQIA+ rights across North America and the world. This is just the tip of the fight for human rights, and I would encourage anyone reading this to further your knowledge and do some additional research on the stories, the history, the trials, and the people who made Pride what it is today. It is a rich, poetic, heartbreaking, and beautiful journey that we are really just at the beginning of. We owe Pride to so many who came before us, and fought for the future.

Fast forward 53 years later, and social media is plastered with rainbows and ribbons to celebrate all forms of love. What was once a taboo topic, companies and corporations are now yelling from the rooftops that they support Pride. While the sentiment is always good, I would also like to take this time and platform to remind people to research the political stances and priorities of the organizations claiming to support Pride, and make sure they are truly aligned with what Pride is. Great news about the internet: all the information you need is at our fingertips!

While the world celebrates Pride, what does that look like for our little corner of the universe? Minden Pride has been celebrated and snowballed exponentially in recent years. It is now a week that's marked on our calendars, filled with events that locals and cottagers alike will plan their summer around. Pride Trivia, Drag Story Time, dances, parties, and of course, floating down the Gull.

To hear the full story and lineup for Minden Pride in the Haliburton Highlands, head over to www.mindenpride.ca; another great story that's worth learning about if you plan on celebrating Pride this year. It's a fantastic event that takes the time and energy of great volunteers looking to make our community a more inclusive and supportive space.

One of my favourite humans - who was an absolute pillar in the development of Minden Pride - was none other than the late and great, Sinclair Russell. Sinclair was a local Mindenite, who was a fixture in the community and a flavour that was always an acquired taste. He spoke his mind, told the truth (relentlessly) and, wholeheartedly, always wanted to put Minden on the map.

I had the pleasure of getting to know Sinclair during my time working for the Township of Minden Hills. He made an effort to reach out to me, and we would regularly get coffee, talk about the future, and really just chat about life. He was the one who got me interested in Minden Pride. And I mean, really interested. To me, an ally of the LGBTQIA+ community, it was always a celebratory week. I have always believed that love means love, but I never knew the stories behind it. Sinclair had a way of showing you what was beneath the surface. Looking past the rainbow flags and digging up the stories of strength along the way.

Sinclair lived a full and colourful life, and we said goodbye to his time on earth on May 23, 2020. There has since been a rainbow bench put on the River Walk to honour his contributions to our community. Every time I walk by, I can see him there. I see him often. He's always around. He always has been, and he always will be, like any good friend is.

Pride has so much to offer. A space to talk about safety, of belonging, of being a part of something, but please, remember to look past the party. Remember that Pride is rooted in fights, resilience, and stories. Real, human stories. This isn't a month for flying a rainbow flag without substance, this is the time to offer a world that feels safer, more inclusive, and open-minded. We all need more of that. So let's start this month, and keep our hearts open year-round. From the Stonewall Riots to Sinclair, our community is making strides for a better world. Let's continue on this journey, and celebrate the substance of the rainbow and beyond.

Top 10 other advantages of wearing sandals

WEARING SANDALS in spring and summer is a fairly common practice here in cottage country. We do this for comfort and convenience, of course. But few people realize that there are several other benefits to wearing sandals too. Here are my top 10.

STEVE GALEA
Humour Columnist

1. How else are you going to be able to show off that cute 11th toe?
2. Lures biting bugs into a cloud of foot odour. Makes them think twice about next time.
3. If you clench toes right, you'll never need a change purse again.
4. Makes any Jesus impersonation that much better.
5. Makes it easier to pick dandelions with your feet.
6. Great for those who really like a good toe stubbing.
7. You'll immediately know if any of your toes turn blue again.
8. They are the critical part of the classic socks and sandals look.
9. Beats "No Shoes. No Shirts. No service" policies on a technicality.
10. You can try out nail clippers in the store!

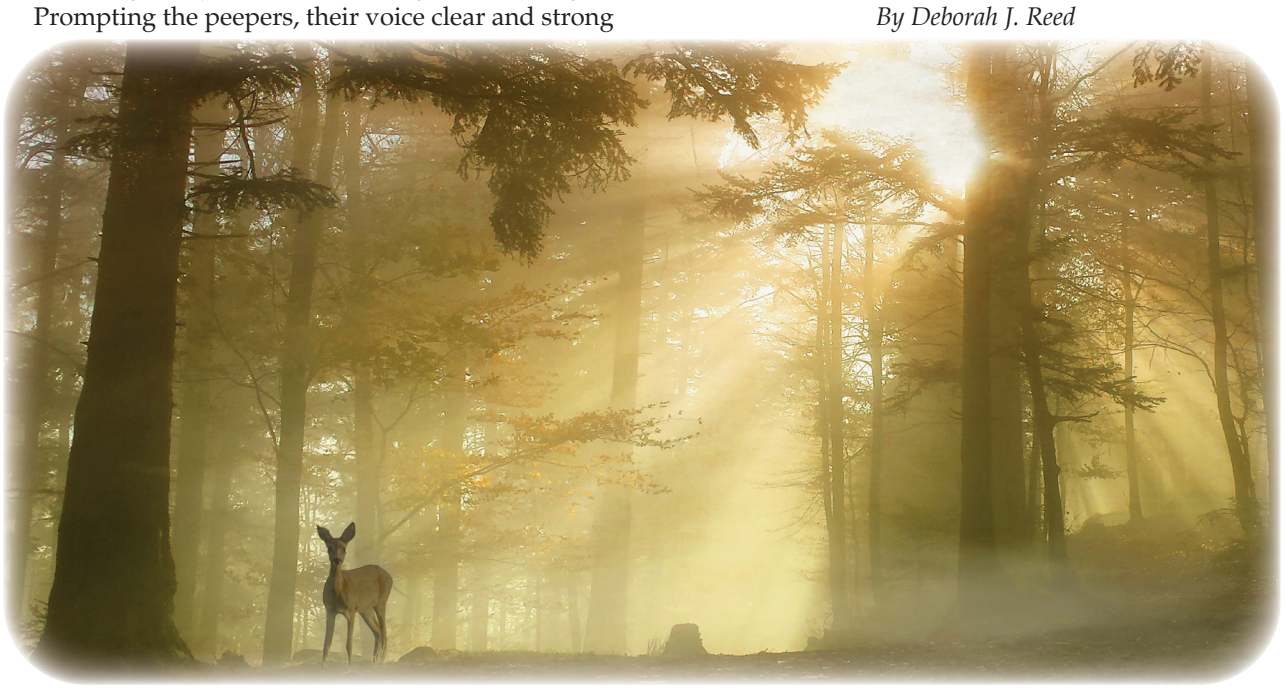
Silent spring

If there weren't birdsong, no notes in the sky
Claiming existence to identify
Mates who might set up new nest families
So from the branches poured grand jubilees
Of both dawn chorus and dusk in the spring
'Til June/ July settled 'most everything

But without message, if creatures don't call
Woods would be silent from winter to fall
Though it's just Nature which generates song
Prompting the peepers, their voice clear and strong
Though it's just Nature for frogs, crickets, bees
Minus such clamour, the world's on its knees

There is no question this clamour ranks hard
Whether it rises from wetlands or yard
Whether it streams from first light or first dark
Springtime's real music is Nature's checkmark
Silence, though welcomed by humans who fret
Losing wild tunes could be direst regret.

By Deborah J. Reed



Part 3: Pollinator corridor built one back yard at a time

SHELLEY FELLOWS

Haliburton County Master Gardener

Master Gardener Rita Dadzis digs in, planting the David Suzuki Foundation "Butterflyway" pollinator demonstration garden at Memory Lookout on Big Hawk Lake in Algonquin Highlands. /Photo submitted by Shelley Fellows

Did you ever have the feeling "what kind of a difference can just one person make?" Recycling, composting and planting for pollinators – how do the actions I take in my own backyard really make a difference for the environment, for our forests and natural spaces and for the pollinators that rely on them?

The David Suzuki Foundation established a program called the "Butterflyway," which very clearly shows us how our individual actions are collective and collaborative. Investing in native plants, trees, shrubs and grasses on our property links us with similar garden efforts across Canada. The Butterflyway Project from the David Suzuki Foundation has drawn more than 2,000 hometown volunteers all across Canada to join the effort since 2017 who are encouraging communities to plant native plants, grasses, shrubs and trees specifically selected to nurture and feed pollinators – birds, bees, bugs, bats and of course, butterflies. The goal is to create pathways, or corridors, of native plants specifically meant to support these crucial pollinators now and into the future.

In the last two issues of *County Life*, we learned from Master Gardener Sheila Currie why pollinators are critically important to us and some simple and cost effective things we can do to support them. In our region, the Haliburton County Master Gardeners are leading the "Butterflyway" project team – we're the "Butterflyway Rangers" for Haliburton County. This group of skilled gardeners and local residents have the knowledge, connections and tools to help choose plants and start pollinator patches and pathways in our communities.

Why native plants and why pollinators? Native plants are specially adapted and suited to our climate, terrain and soil, so they have a built-in advantage. Even better, most native pollinators are adapted to the native plants – some quite specialized. We know the story of the monarch butterfly and milkweed, right? Pollinators are part of the food web we depend on, and we are part of both the problem and the solution to supporting them.

Why bother? There are lots of native plants around, right? We're so fortunate to be able to spend time in this beautiful, natural region. However, almost one quarter of our natural landscape has

see page 8

Community Events

Send your event listing to classifieds@haliburtonpress.com

Haliburton Grassroots Athletics
When: Sundays, June 26 to Sept. 18,
5 to 6:30 p.m. (no long weekend play)
Where: TBD
Play like a bunch of girls! Haliburton Ladies Soccer is happening this year! If you're in the area and like to play footie, sign up today. All levels welcome! Registration is open until June 25.
Contact: www.dysartetal.ca

LKO AGM
When: Wednesday, June 15, 7 p.m.
Where: Zoom
Who: LKO members
We invite all LKO members to join us at the AGM, we are doing
it again on zoom and hopefully next year we can have it in person. We will be sending out emails to all our members on how to register for the zoom meeting, and if you are not a member and would like to join or renew please go to our website www.lko.ca

HALIBURTON HIGHLANDS HEALTH SERVICES
Leaders in Innovative Rural Health Care

26th Annual General Meeting of Haliburton Highlands Health Services Corporation
Thursday, June 23, 2022
2:00 p.m.

(Meeting Agenda - Business of the Corporation: Reports of the CEO and Board, Chief of Staff, Auditor, Foundation, Nominating Committee, Election of Directors, and Appointment of Auditors)

Due to current COVID-19 restrictions and precautions that remain in place at HHHS, the 26th Annual General Meeting (AGM) of the Haliburton Highlands Health Services Corporation (HHHS) will be held as a virtual meeting conducted through the Zoom application. In order to participate, Corporation members and members of the public who wish to attend will require an invitation, which will provide further information on how to participate.

For further information or to arrange for an invitation, please contact:

Marlene Vieira
HHHS Administration Office
Phone: 705-457-2527
Email: mvieira@hhhs.ca

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Close to 90,000 wildflowers planted for Butterflyway Project

from page 7

been built on de-forested or converted to agricultural use, which creates real pressure on native plants and creatures. Our region is part of the made in Canada solution to sustainability, but programs like the Butterflyway project can help us have even a greater impact. The David Suzuki Foundation Butterflyway program has spearheaded the planting of 89,000 wildflowers in more than 6,500 gardens since 2017.

What the Haliburton County Master Gardener led Butterflyway team will do:

- Recommend native flowers, grasses, shrubs and trees that are locally adapted and will best support pollinators in a range of areas (forest, open spaces, shorelines and wetlands).
- Help connect you with native plant retailers in the region.
- Provide starting point designs for gardens that will provide food and shelter for pollinators.
- Come out to your property for an "on-site consultation." We will assess your soil, garden challenges and make planting recommendations, if you need some extra help on your property (a donation to the HCMG is recommended for this service).
- Provide "Butterflyway" signage that you can use to mark your special pollinator garden.

The Butterflyway Project will help pollinators, which includes birds, bees, bats and butterflies. The effort will help to create pathways, or corridors of native plants to support pollinators.

What you need to do:

- Pick a site and size for your pollinator garden. It's your site and there's no "one size fits all," so it's up to you! It is good to consider the "3x3x3" rule, planting three species of native plants that bloom in each of spring, summer and fall, with three individual plants per species, so enough space for 27 plants representing nine different species is optimal.
- Pick a budget. We can direct you to retailers and local plant sales, and can help find grant programs that may help out with the cost for large scale projects, but you do need to purchase your own plants. Don't forget about improving soil quality before you plant with compost and water conserving mulch to help those plants get the best start possible.
- Pick up your tools. Yes, you're going to have to put a shovel into the ground to plant your wildflowers, grasses, shrubs and trees and then help them stay hydrated and healthy for their first year.
- Pick a spot to sit and watch the butterflies! Enjoy the fruits of your labour as insects buzz and butterflies flutter by, all benefiting from your hard work to provide them with shelter and food.
- Leave it be. Native plant gardens benefit from hands-off gardening. Leave stems and leaves in place in the fall and only lightly trim in the spring to encourage habitat for overwintering insects and natural growth.
- And lastly, keep us updated (with photos too) as to how your garden is growing.

Email info@haliburtonmastergardeners.ca to become part of the Canada-wide Butterflyway program.

Haliburton County Master Gardeners is a volunteer organization that provides horticultural advice specific to Haliburton and surrounding regions. Have your gardening questions answered or schedule an onsite consultation at www.haliburtonmastergardener.ca.

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Children can't wait for mental health care

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Point in Time

> *We know that timely treatment and support will pay off tenfold over time, and we know we have to have a healthy cadre of young people coming into the workplace and being able to participate in society.*
>
> — Point in Time executive director, Marg Cox

Children's Mental Health Ontario (CMHO) has declared that childrens' mental health is in a state of emergency in Ontario, and that the mental health sector is underfunded to meet the vast range and volume of needs of children, youth and parents in the province.

According to CMHO, 28,000 children and youth in Ontario were already waiting as long as 2.5 years for mental health care before the pandemic started, with hundreds of thousands estimated to not yet be on a wait list. Demand for services has since skyrocketed, with more than 70 per cent of youth reporting a worsening of their mental health since the pandemic began. CMHO reports that providers of child and youth mental health services have been experiencing an increase in acute and complex needs, including for younger age ranges, and increased rates of substance use, suicidal ideation (or thoughts) and eating disorders from service participants. CMHO statistics also show that 80 per cent of parents/caregivers say their work life was impacted because of their child/youth's mental health concern.

Mental health challenges and barriers to treatment are often intensified for low-income and rurally isolated families, youth and children with disabilities or pre-existing mental health conditions, and for racialized and marginalized families.

Agencies working and advocating in the field of child and youth mental health have been additionally challenged by wage restrictions (caps on salaries) that make it more difficult to hire and retain clinical staff with the skills and experience to manage complex cases. Agencies are facing increasingly high vacancy rates for clinical positions across the province.

CMHO is advocating for new investments to expand front line services, cutting of wait times and removal of barriers to care, including wage restrictions, and is calling for all political parties to make Ontario the No. 1 jurisdiction in Canada for access to childrens' mental health services.

Marg Cox, executive director at Point in Time Centre for Children, Youth and Parents in Haliburton, said there is a need for all political parties to weigh in on their stance on child and youth mental health.

"We know that timely treatment and support will pay off tenfold over time, and we know we have to have a healthy cadre of young people coming into the workplace and being able to participate in society," she said.

For more resources and information on how you can help, visit cmho.org. If you think your child is in need of mental health supports, or want to learn more about how to recognize the signs that your child may need support, you can contact the Point in Time office to set up a Quick Access appointment at 705- 457-2727 or email info@pointintime.ca.

Legion Events

Branch 129 Haliburton

Mondays: Bridge every Monday at 1 p.m. Schofield Room.
Tuesdays: League darts starting at 7 p.m.
Haliburton Army Cadets practice 6:30 to 9 p.m. (Sept to June).
Wednesdays: Bid Euchre 1 p.m. start – Main Hall.
Bingo doors open at 6 p.m.
Bingo starts at 7 p.m. $500 Jackpot - last Wednesday of the month.
Thursdays: General Meeting third Thursday of the month, starting at 7 p.m. All members urged to attend.
Ladies Auxiliary last Thursday of the month at 1 p.m.
Fridays: Cribbage 1 p.m. start – Schofield Room.
Meat draw has five draws, five prizes each draw, first draw at 4:30 p.m., last draw at 6:30 p.m. Tickets are $2 per draw. Ed Pickard, MC.
Friday fun darts from 4:30 p.m. and onwards.
Saturdays: 50/50 Draw 4 p.m. draw – tickets are $1 each available in the Clubroom.
Whether you're planning a function for 10 or 200, for more information call the Legion today at 705-457-2571, email rcll129@outlook.com or visit haliburtonlegion.com. Come on out and support Haliburton Legion Branch 129 ... everyone is welcome!

Club room hours: Mon. 3 to 6 p.m., Tues. 3 to 9 p.m., Wed/Thurs. 3 to 6 p.m. Fri. 3 to 7 p.m. and Sat. 3 to 6 p.m.

Schedule is subject to change without notice, so contact the Legion for updates.

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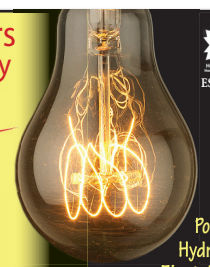

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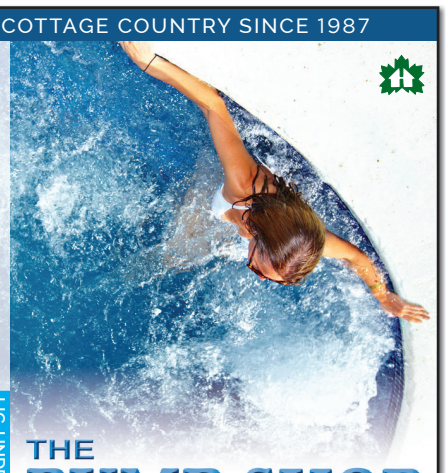

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705 455-7785 or
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Seasonal Boat Cleaners, Full Time Parts Advisor, Full Time Service Advisor.
Email resumes to **Dan@harper-marine.com**
or Call Todd at **705-286-2750**
Training will be provided.

SEEKING IN-HOME CHILDCARE
for a delightful 18-month-old starting in September.
Full- or part-time during the school year - we can work with your schedule.
Your home (Minden or Haliburton) or ours (Haliburton Village!) You would be welcome to bring your own preschooler along.
Police check, we will pay for it, and references required.
Please call or text **Meg 705-854-9291**

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NORWOOD COUNTRY JAMBOREE
July 14 - July 17 2022
Norwood Fairgrounds
Call for tickets 1-800-954-9998 or 705 741-6097 or
Bill Bekkers 705-448-8814
Website: ***www.norwoodcountryjamboree.com***

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Free Admission
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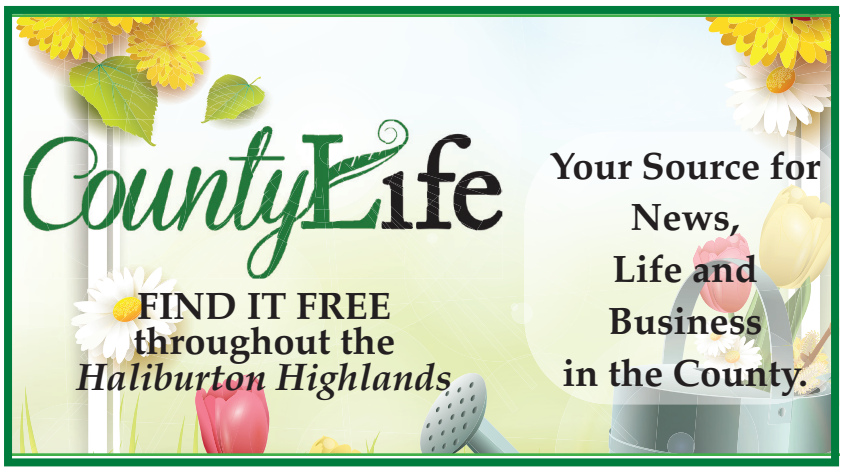

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Email your resume today to info@walkershvac.com

We thank all applicants for their interest, however only those candidates selected for interviews will be contacted.

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COUNTY LIFE IS LOOKING FOR RURAL ROUTE DRIVERS

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For more details call David at **(705) 457-1037 Ext. 37** or email him at **david.zilstra@haliburtonpress.com**

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Successful candidates will have to demonstrate good attendance in previous jobs. Also, our company looks for people that work well with others and are friendly with customers.
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ryan@cottagecbs.com
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HALIBURTON COUNTY

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Successful applicants should possess:

Excellent customer service and telephone skills.

Be proficient in the use of computers including Microsoft, Open Office and Excel programming.

Experience in sales an asset.

The successful candidate will be responsible for a wide variety of customer services and responsibilities including answering and directing of all incoming calls, greeting and assisting walk-in traffic, assisting with customer accounting and preparing bank deposits.

In addition, processing classified advertising and special Sales features.

Forward your cover letter and resume directly to david.zilstra@haliburtonpress.com On or before Friday, June 24, 2022

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Jim Allder*
705-935-1112

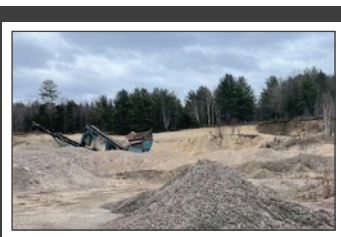
Silver Beach $749,000

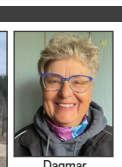
- Luxury 1,260 sq. foot, 2 bed, 2 bath condo
- Was grand prize for Princess Margaret Lotto
- Walk to sand back on Kashagawigamog Lake
- Located in Haliburton's finest lakeside com

Adele Barry
705-457-0306

Thinking of buying or selling?

- I have buyers for a wide range of price points
- I can provide a current market valuation for your property





Dagmar Boettcher**
457-5968

Hunter Creek Rd

- Class B licensed pit & quarry
- 88 acres close to Minden
- Potential to sever lots

Andy Campbell
854-0292

98 acres Highway 35 $579,000

- 3300 feet of frontage
- Driveway in/ sites cleared
- Hydro & bell at lot line

Gloria Carnochan* & Brean Budel*
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Mark Dennys*
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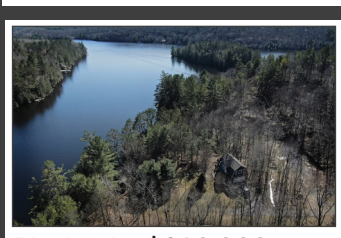
Kennisis Lk Cottage/Home $2,499,900

- 2.5 Acres, 240 Ft Waterfrontage, NW Exp
- 4 Bdrm, 3.5 Bath, Gorgeous Lake Views
- Beautiful Shoreline, 2 Lake Chain & a Marina
- Landscaped, 30x30 Drive-Thru Garage w Loft



Tom Ecclestone*
286-2138 x 226

Black Lake $960,000

- 1.75-acre parcel with 225 feet of frontage
- 2-bedroom cottage with ideal footprint
- 2 car garage with year-round apartment
- Stunning sunsets with south west exposure

Lindsay Elder**
457-5878

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- Strike while the market is hot!

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Melanie Hevesi**
854-1000

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- Thinking about selling in today's market?
- Call ME TODAY!

Andrew Hodgson**
286-2138 x 229

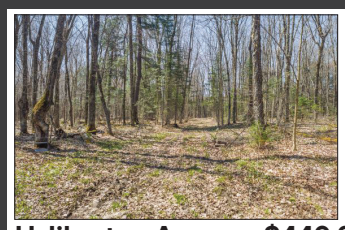
Loon Lake $1,250,000

- 4 season, 2+1 bedroom home or cottage
- Updated throug with stunning landscaping
- 1,750 SqFt garage/shop w/separate driveway
- Large dock across road with great lake access

Susanne James* & Andy Mosher**
457-2128 x 133

Miskwabi Lake $1,199,900

- One of the best lots on Miskwabi Lake!
- Classic 4-season Panabode log cottage
- Level, west-facing, sunset views.
- Year round Municipal access



Ashley McKeigue
705- 854-1833

Haliburton Acreage $449,000

- Private 41-acre parcel w/ 2 driveways
- Hydro & Bell available at the lot line
- Several potential building locations
- 10 Mins from Haliburton or Eagle Lake

Donna McCallum*
455-2054

Highway 118 $175,000 +HST

- Private 2-acre parcel in Tory Hill
- Fully fenced with driveway installed
- Hydro and Bell available at the lot line
- Just 20 minutes outside of Haliburton

Brandon Nimigon***
457-2128 x 127

Highway 118, Tory Hill

- 83 Acres
- Year Round Municipal Road
- Close to town

Karen Nimigon**
457-6505

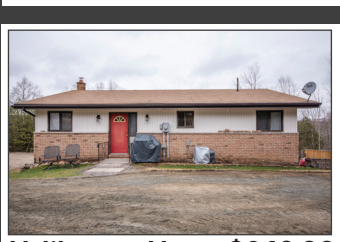
Drag Lake $1,650,000

- 4 bedroom, 2 bath, 1600 sq. ft.
- Child-friendly sand beach
- 2-lake boating
- Updated, 4 Season & close to town

Kelly Kay*
705-457-6841
Kirsten Rae*
705-854-1454

Hunter Creek Road $199,000

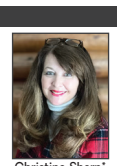
- 6.5 acre level building lot minutes to Minden
- Driveway is in and building area cleared
- Build your dream home near the Gull River!



Darlene Reil*
447-2055

Haliburton Home $649,000

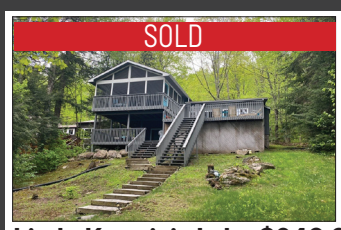
- 2,200 SQ FT home minutes from town
- 4 Bedrooms, 3 baths across 2 levels
- Beautiful in-law suite with walkout
- Stunning sunset views over Grass Lake



Christine Sharp*
705-489-9968

Family Compound on Twelve Mile

- Approx 500' of shoreline
- 3 docks, 3 living spaces
- $2.75M



Greg Stamp*
457-2128 x 128

Little Kennisis Lake $849,000

- 4 Beds / 2 Baths
- 20 x 14 Screened Porch Overlooking the Lake!
- Year Round Municipal Road

Melanie Vigrass*
286-2138 x 232

3 Bedroom Home

- Open Concept Living
- Full, Walk-out Basement
- 1.5 acres, Centrally Located between Minden and Haliburton

Tom Wilkinson*
286-2138 x 225

Salerno Lake $349,000

- 172' waterfront Lot
- 1.17 acres
- Sunset exposure
- Ideal for walkout basement

Andrea Wilson**
705-457-6694

Kashagawigamog Lake $1,550,000

- 93 Ft Waterfrontage & Western Exposure
- 5 Bdrm, 3 Bath, Extensive Lake Views
- Clean, Sandy Shoreline, 5 Lake Chain
- Year Round Municipal Road

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INSIDE THIS WEEK:

RAILS END FUNDING
SuperBuild funding will help Dysart move gallery to firmer ground

PLAYING WITH FIRE
Rubber yo-yo ball poses risks of strangulation and burns

GOING FOR GOLD
Three HHSS students will be competitng at all-Ontario championships this week

THE ECHO
HALIBURTON COUNTY

www.haliburtonecho.on.ca
email: echo@halhinet.on.ca

Tuesday, June 3, 2003
Vol. 120 No. 25
$1 including GST

Is West Nile taking the bite out of tourism?

SHERYL LOUCKS
Staff Reporter

Resort operators and camps are being proactive about West Nile in an attempt to keep their guests and their efforts seem to be working. The number of visitors to the Highlands seems stable and comparable to last year.

Rita Baird, an attendant in Haliburton's Tourism Information Caboose, says they had a record 200 visitors on the May long weekend and none of them were asking or talking about West Nile. Baird has also been "popping" into several bed and breakfast places or other accommodations and no one has been telling her they are having problems because of West Nile.

"It's business as usual. Even the last two weekends, it's been rainy but we've been seeing about 100 people per weekend and quite a number are looking for accommodation," says Baird.

Carol Moffat from the Haliburton Highlands Chamber of Commerce says they have not been getting any calls from people concerned the mosquito-borne illness. She has heard a few rumblings of operators concerned over lower bookings on the long weekend but that may be due to the general economy.

Others are experiencing a drop in numbers.

Bill Young, Wigamog's managing director, says they are receiving cancellations directly due to West Nile. He says the cancellations of reservations, many made a year in advance, are mixed between Americans and Canadians. Young said he noticed business slowing down at the beginning of the war with

See **Enrollment** *page 16*

Patients needed for new health network

SHERYL LOUCKS
Staff Reporter

The doctors of the Haliburton Family Medical Centre are asking all of their patients to drop by an open house at the Haliburton Legion on Thursday to sign up for a new Family Health Network.

The network is a new initiative by the provincial government to better fund doctors and attract new physicians, particularly in rural areas. Dr. Karl Hartwick says this is the biggest change in the medical profession since the Ontario Health Insurance Program was introduced in the '60s.

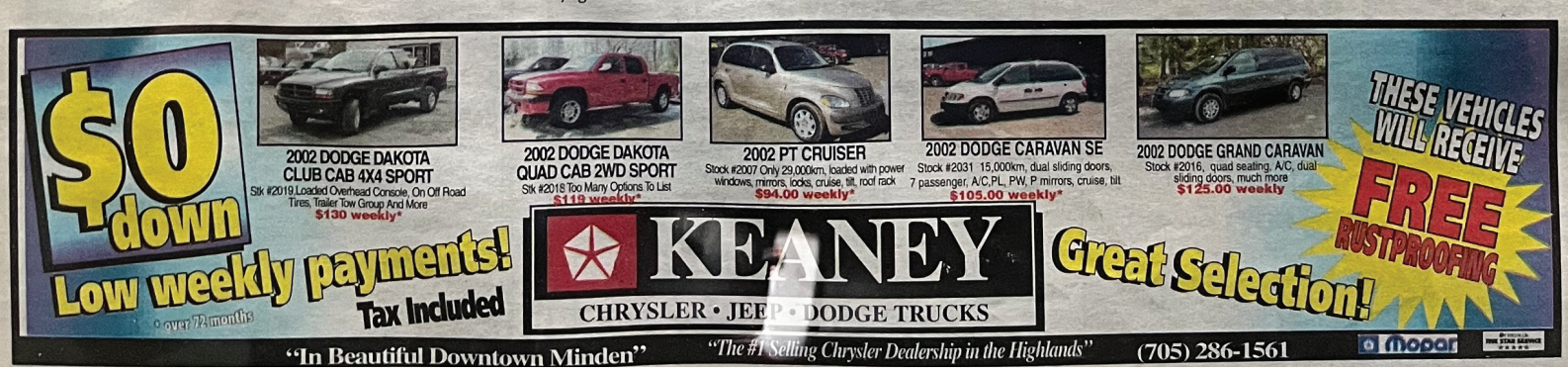
Traditionally, doctors have been paid a pre-determined fee by OHIP for each service they perform such as examining a patient, conducting a test or doing a surgical procedure. In a network, instead of fee for ser-

See **Network** *page 6*

MARTHA PERKINS/Echo

What's a ghost to do?

Elvira the ghost, played with flighty maliciousness by Leanne Joiner, reminds her husband, played with suitable dry wit by Tim Nicholson, why he's glad she's dead in Noel Coward's dark comedy, Blithe Spirit. See our review on page 12.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BRING ON BEECH LAKE $685,000

Breathtaking sunsets, great swimming, and wonderful neighbours - you can't ask for anything better of a family 3-season cottage! This charming lakeside escape is turn-key and ready to enjoy. Walk-out to a screened-in Haliburton Room - the perfect spot for your morning coffee or rainy evenings. Outside is an oasis, with beautiful landscaping, a bunkie, and clean rock/sand shoreline. Let the endless memories begin!

3 X BED | 1 X BATH | BUNKIE | 104.99 FT. FRONTAGE

YEAR-LONG FUN ON LONG LAKE $699,000

Entertain your friends and family at this traditional cottage enjoying warm, sunny days on the large deck overlooking the lake. Move down to the dock for great fishing and swimming or jumping around on the included water trampoline! Enjoy the views from your large deck overlooking the lake and then move down to relax around the firepit taking in all the stars with a lakeside bonfire.

2 X BED | 1 X BATH | FULLY WINTERIZED | 100 FT. FRONTAGE

SIR SAM'S SKI AND EAGLE LAKE AREA $133,800

Located in the Sir Sam's Ski Area, this property is within close proximity to the Eagle Lake public beach, playground, boat launch and the popular Eagle Lake Country Market. Whether you enjoy downhill skiing, mountain biking, watersports, or simply want to disconnect, this off-grid lot on a seasonal road has the one thing you can't change...location, location, location.

2.588 ACRES | GREAT LOCATION

GRAND DESIGN ON GOODERHAM LAKE $1,850,000

Get ready to lose yourself in this gorgeous lakefront home with an incredible 43'x 20' workshop. Architecturally designed, and expanded over the years, this house feels as much like an executive home as it does a family ranch. With a beautiful lake just steps from your door and Gooderham town just a short walk away, you're close to the best of both worlds.

4 X BED | 4 X BATH | 4,000+ SQ.FT | 204+ FT. FRONTAGE

KAWAGAMA LAKE LOT $279,000

Beautifully treed lot, this is not an island, but it is water access only (WAO). Stunning south views across the lake. Great fishing year-round and fantastic snowmobiling in the winter. Enjoy the lake this summer while you make plans for your new cottage!

SOUTH VIEWS | .590 ACRES | WATER ACCESS ONLY (WAO)

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